

TOASTS

long fermented sourdough bread

VG	Avocado toast (4, 11)	10.90
	smashed avocado (lemon, salt, pepper), black sesame, cherry tomato and mix salad	
	Smoked salmon toast (4, 7, 11)	12.90
	smoked norwegian salmon, smashed avocado, rocket salad, cherry tomato, black sesame and mix salad	
	Salmonski (5, 7, 10, 11, 14, 13)	12.90
	smoked norwegian salmon, cream cheese, avocado, capers, rocket salad and mix salad	
V	Burrata toast (1, 4, 5, 10, 11)	12.50
	italian burrata, homemade pesto, cherry tomato, reduced balsamic vinegar	
VG	Super be toast (4, 11)	12.50
	homemade vegan cream cheese, baby spinach, cucumber, smoked almond tofu, avocado, homemade beetroot hummus, sesame seeds	
	Pulled chicken toast (10, 11, 12, 14)	12.90
	chicken breast, cream cheese, avocado, mayonnaise, mustard and mix salad	

BEST SELLER

	Big Pastrami sandwich (5, 10, 11, 13, 14)	14.90
	pastrami, garlic, butter, cheddar cheese, pickles, mustard	
V	Caprese (1, 4, 5, 10, 11)	12.50
	italian focaccia, homemade pesto, mozzarella di bufala, raf tomato, rocket salad, sundried tomato, pine nuts, reduced balsamic vinegar	
	*Vegan option available	
VG	Hummus (4, 11)	9.00
	hummus, feta, vegan cheese, pine nuts, rocket salad, sundried tomato and micro greens	
VG	Peanut butter & banana toast (8, 11)	8.90
	Peanut butter, banana, hemp seeds, cacao nibs	

*Add
boiled Egg +1.50/ tofu +2.00 / smoked salmon +3.00
burrata +4.00/ gluten free bread +1.00



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OVERNIGHT OATS

VG	Tramisu (4)	8.50
	gluten free oats, chia, vanilla extract, coffee, agave syrup, oat milk, coconut yogurt, cacao	
VG	Choco bliss (8)	8.50
	gluten free oats, banana, dates, cacao, peanut butter, agave syrup, coconut milk, coconut yogurt, cacao nibs	
VG	Mango chia	8.20
	chia, mango, coconut milk, agave syrup, coconut, blueberry	

BOWLS

VG	Açaí super berry (8, 11)	13.50
	açaí pulp, mix berries, banana, coconut milk	
	Toppings : granola, banana, pineapple, strawberry, blueberry, shredded coconut, peanut butter	
VG	Blue lagoon (4, 11)	12.90
	coconut pulp, banana, mango, blue spirulina, coconut milk	
	Toppings : granola, banana, shredded coconut, strawberry, blueberry, pineapple, almond butter	
VG	Chocolate salted caramel (8, 11)	13.50
	coconut pulp, banana, dates, coconut milk, cacao, peanut butter	
	Toppings : granola, banana, peanut butter, cacao nibs, hemp seeds, shredded coconut	
VG	Fruit salad (11)	9.90
	banana, apple, blueberry, strawberry, pineapple, granola, coconut yoghurt	
	+ add extra peanut butter or almond butter +1.50	
	gluten free granola +2.00/ Protein +2.00	

DESSERTS

VG	Ferrero pralines (4)	3.30/unity
	70% dark chocolate, hazelnut butter, coconut milk, maple syrup, vanilla, salt, hazelnuts, coconut oil	
VG	Fig balls (4)	3.00/unity
	figs, shredded coconut, walnut, 70% dark chocolate, coconut oil	
VG	Snickers bars (4, 8)	4.30/unity
	peanut butter, dates, almond milk, vanilla extract, 70% dark chocolate, coconut oil	
VG	Bounty Bar	3.50/unity
	shredded coconut, coconut oil, maple syrup, vanilla, 70% dark chocolate	
VG	Lemon balls (4)	2.90/unity
	cashew, shredded coconut, coconut oil, maple syrup, juice and lemon zest	
	gluten free / sugar free / lactose free / vegan/raw	

BRUNCH is served from 12h

V	Burrata Salad (1, 4, 5, 10)	14.00
	burrata, homemade pesto, rocket salad, dried tomato, cherry tomato, pine nuts, reduced balsamic vinegar	
VG	Protein Bowl (3, 4, 6, 11)	13.50
	quinoa, corn, avocado, tofu, apple, edamame, red bell pepper, cucumber, cherry tomato, black sesame seeds and lettuce	
VG	Avocado Supreme (3, 4)	12.90
	quinoa, avocado, mango, red bell pepper, red onion, lettuce, cherry tomato	
VG	Falafel Salad (3, 6, 11)	13.50
	couscous, falafel, hummus, homemade beetroot hummus, corn, edamame, red onion, red bell pepper, rocket salad and lettuce	
	Salmon Bowl (2, 6, 7, 11)	14.50
	smoked norwegian salmon, couscous, corn, red bell pepper, red onion, cucumber, avocado, rocket salad, cherry tomato and lettuce	
VG	Rainbow wrap (3, 4, 6, 11)	12.90
	smoked almond sesametofo, edamame, cucumber, carrot, tomato, corn, guacamole, mix iceberg and spinach salad	
VG	Falafel wrap (11)	13.00
	Falafel, hummus, cucumber, red bell pepper, yellow bell pepper, tomato, mix iceberg and spinach salad	
V	Goat cheese wrap (4, 10, 11)	13.90
	goat cheese, pecan nuts, guacamole, red onion, red bell pepper, yellow bell pepper, jalapeño, mix iceberg and spinach salad	
	Chicken wrap (10, 11, 12, 14)	13.90
	chicken, avocado, tomato, iceberg salad, mayonnaise, cream cheese, spinach	
	*Add boiled Egg +1.50/ tofu +2.00 / smoked salmon +3.00 burrata +4.00	

BEST SELLER

Ask about other allergens if they are not listed below:



* wifi : superbe / password : Coldpress

SMOOTHIES GLUTEN FREE and VEGAN



Blue moon	7.90
pineapple, banana, blue spirulina, coconut milk	
Green refresh	8.90
orange, spinach, avocado, cucumber, mint, banana, coconut milk	
Very berry	7.50
banana, strawberry, coconut milk	
Protein power (4)	8.50
gluten free oats, banana, dates, almond butter, maca, cinnamon, hemp seeds, coconut milk	
Pre workout (8)	8.90
banana, espresso, peanut butter, cacao, protein, coconut milk	
Post workout	8.90
banana, strawberry, flaxseed, chia, dates, vanilla extract, hemp seeds, protein, coconut milk	
Liver rescue	8.50
pitaya, banana, wild blueberries, coconut milk.	

+ add plant based protein +2.00



DRINKS

beer 0.33l	3.90
white wine	4.20
red wine	4.20
rose wine	4.20
cava	6.50
water	2.20
sparkling water	2.90
orange juice	4.90
coconut water	8.90



100% COLD-PRESSED JUICES (500ML)



100% Celery juice (13)	8.50
Garden greens (13)	8.50
apple, romaine lettuce, spinach, basil, lemon, celery	
Green warrior (13)	8.50
broccoli, romaine lettuce, spinach, parsley, coriander, cucumber, lemon, ginger	
Alkaline greens	8.50
spinach, apple, kale, lemon, tarragon, cucumber	
Beet it	8.50
beetroot, apple, ginger, lemon	
Golden tonic	8.50
apple, orange, lemon, carrot, turmeric, ginger	
OMG	8.50
pineapple, apple, lime, mint	



SHOTS (60ML)

100% Ginger	3.90
Turmeric	3.90
apple, ginger, turmeric, lemon	

COFFEE & hot drinks

* oat or almond milk?



espresso 2.20 double espresso 3.00	
americano 2.40 macchiato 2.40	
cappuccino 3.90 coffee with milk 3.50	
flat white 3.90 latte 4.00 ice latte 5.00	
chai latte 5.50 matcha latte 5.50	
turmeric latte 5.50 cacao latte 4.50	
organic tea selection 3.00	



TOSTADAS

con pan de masa madre



- VG** Tostada de aguacate (4, 11)10,90
aguacate machacado (limón, sal, pimienta), sésamo, tomate cherry y mezcla de ensalada
- VG** Salmón ahumado (4, 7, 11)12,90
salmón ahumado noruego, aguacate machado, rúcula, tomate cherry, sésamo y mezcla de ensalada
- VG** Salmonski (5, 7, 10, 11, 13, 14)12,90
salmón ahumado noruego, queso crema, aguacate, alcáparas, rúcula y mezcla de ensalada
- V** Burrata (1, 4, 5, 10, 11)12,50
burrata italiana, pesto casero, tomate cherry, reducción de vinagre balsámico
- VG** Tostada Super be! (4, 11)12,50
queso crema casero vegano, espinacas, pepino, tofu ahumado con almendras, aguacate, hummus de remolacha casero y sésamo
- VG** Pulled chicken toast (10, 11, 14)12,90
pechuga de pollo deshachada, queso crema, aguacate, mayonesa, mostaza y mezcla de ensalada

BEST SELLER

- V** Big Pastrami sandwich (5, 10, 11, 13, 14)14,90
pastrami, ajo, mantequilla, queso cheddar, pepinillos, mostaza
- V** Caprese (1, 4, 5, 10, 11)12,50
focaccia italiana, pesto casero, mozzarella de búfala, tomate raf, rúcula, tomate seco, piñones, reducción de vinagre balsámico
- VG** *Disponible opción vegana
- VG** Hummus toast (4, 11)9,90
hummus, queso feta vegano, piñones, rúcula, tomate seco
- VG** Peanut butter & banana toast (8, 11)8,90
mantequilla de cacahuete, plátano, semillas de cáñamo, granos de cacao
- + añadir
huevo cocido +1,50/ tofu +2,00/ salmón ahumado+3,00
burrata +4,00/ pan sin gluten +1,00



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OVERNIGHT OATS

- VG** Tramisú (4)8,50
avena sin gluten, chía, extracto de vainilla, café, sirope de agave, leche de avena, yogur de coco y cacao
- VG** Choco bliss (8)8,50
avena sin gluten, plátano, dátiles, cacao, mantequilla de cacahuete, leche de coco, sirope de agave, yogur de coco, trozos de cacao
- VG** Mango chia8,20
chia, mango, sirope de agave, leche de coco, coco rallado, arándanos

BEST SELLER

BOWLS

- VG** Açaí bowl (8, 11)13,50
pulpa de açaí, mezcla de bayas, plátano, leche de coco
- VG** Toppings : granola, banana, coco rallado, piña, fresas, arándanos, mantequilla de cacahuete
- VG** Blue lagoon (4, 11)12,90
pulpa de coco, plátano, mango, espirulina azul, leche de coco
- VG** Toppings : granola, banana, granos de cacao, semillas de cáñamo, coco rallado y mantequilla de cacahuete
- VG** Ensalada de frutas (11)9,90
plátano, manzana, arándanos, fresas, piña, granola, yogur de coco

+ añadir mantequilla de cacahuete o mantequilla de almendra +1,50/ granola sin gluten +2,00/ Proteína +2,00

DULCES

- VG** Ferrero pralines (4)3,30/unidad
chocolate negro 70%, mantequilla de avellanas, leche de coco, sirope de arce, vainilla, sal, avellanas, aceite de coco
- VG** Fig balls (4)3,00/unidad
higos, coco rallado, nuez, chocolate negro 70%, aceite de coco
- VG** Snickers bars (4, 8)4,30/unidad
mantequilla de cacahuete, dátiles, leche de almendras, extracto de vainilla, chocolate negro 70%, aceite de coco
- VG** Bounty Bar3,50/unidad
coco rallado, aceite de coco, sirope de arce, vainilla, chocolate negro 70%
- VG** Lemon balls (4)2,90/unidad
anacardo, coco rallado, aceite de coco, sirope de arce, zumo y ralladura de limón

sin gluten / sin azucar / vegano/ crudo



BRUNCH se sirve a partir de las 12h

- V** Ensalada de Burrata con pesto (4, 10)14,00
burrata, pesto casero, tomate, rúcula, tomate seco, tomate cherry, piñones, vinagre balsámico
- VG** Protein Bowl (3, 4, 6)13,50
quinoa, maíz, aguacate, tofu, manzana, edamame, pimiento rojo, pepino, tomate cherry, lechuga y sésamo
- VG** Avocado Supreme (3, 4)12,90
quinoa, aguacate, mango, pimiento rojo, cebolla morada, lechuga, tomate cherry
- VG** Ensalada de Falafel (3, 6)13,50
cuscús, falafel, hummus, hummus de remolacha casero, maíz, edamame, cebolla morada, pimiento rojo, rúcula y lechuga
- VG** Bowl de salmón (2, 6, 7, 11)14,50
salmón ahumado noruego, cuscús, maíz, pimiento rojo, cebolla morada, pepino, aguacate, tomate cherry, rúcula y lechuga
- VG** Rainbow wrap (3, 4, 6, 11)12,90
tofu ahumado de almendras y sésamo, edamame, pepino, zanahoria, tomate, maíz, guacamole, mezcla de ensalada iceberg y espinacas
- VG** Falafel wrap (11)13,00
falafel, hummus, pepino, pimiento rojo, pimiento amarillo, tomate, mezcla de ensalada iceberg y espinacas
- V** Wrap de queso de cabra (4, 10, 11)13,90
queso de cabra, nueces pecanas, guacamole, cebolla morada, pimiento rojo, pimiento amarillo, jalapeño, mezcla de ensalada iceberg y espinacas
- VG** Chicken wrap (10, 11, 12, 14)13,90
pollo, aguacate, tomate, lechuga iceberg, queso crema, mayonesa, espinaca
- + añadir
huevo cocido +1,50/ tofu +2,00/ salmón ahumado+3,00
burrata +4,00



Pregunta por otros alérgenos que no aparezcan en la lista :



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SMOOTHIES SIN GLUTEN Y VEGANO



Blue moon	7.90
piña, plátano, espirulina azul, leche de coco	
Green refresh	8.90
naranja, espinaca, aguacate, pepino, menta, plátano, leche de coco	
Very berry	7.50
plátano, fresas, leche de coco	
Protein power (4)	8.50
avena sin gluten, plátano, dátiles, mantequilla de almendra, maca, canela, semillas de cáñamo, leche de coco	
Pre workout (8)	8.90
plátano, espresso, mantequilla de cacahuete, cacao, proteína, leche de coco	
Post workout	8.90
plátano, fresas, lino, chía, dátiles, extracto de vainilla, semillas de cáñamo, proteína, leche de coco	
Liver rescue	8.50
pitaya, plátano, arándanos, leche de coco	

+ añadir proteína vegana +2,00



BEBIDAS

cerveza 0.33l	3.90
vino blanco	4.20
vino tinto	4.20
vino rosado	4.20
cava	6.50
agua	2.20
agua con gas	2.90
zumo de naranja	4.90
agua de coco	8.90



100% COLD-PRESSED ZUMOS (500ML)



100% Celery juice (13)	8.50
Garden greens (13)	8.50
manzana, lechuga romana, espinaca, albahaca limón, apio Green warrior (13)	8.50
brócoli, lechuga romana, espinaca, perejil, cilantro, pepino, limón, jengibre Alkaline greens	8.50
espinaca, manzana, col rizada, limón, estragón, pepino Beet it	8.50
remolacha, manzana, jengibre, limón Golden tonic	8.50
manzana, limón, zanahoria, cúrcuma, jengibre OMG	8.50
piña, manzana, lima, menta	

SHOTS (60ML)

100% Ginger	3.90
Turmeric	3.90
manzana, jengibre, cúrcuma, limón	



CAFÉS & bebidas calientes

* leche de avena o almendras ?

espresso 2.20 | espresso doble 3.00

americano 2.40 | cortado 2.40

cappuccino 3.90 | café con leche 3.50

flat white 3.90 | latte 4.00 | ice latte 5.00

chai latte 5.50 | matcha latte 5.50

turmeric latte 5.50 | cacao latte 4.50

té orgánico 3.00

